



DRIVE COACH

Helping you support your teen driver

Road Safety Education Limited (RSE) is the leading provider of youth road safety education program in Australia - to date over 775,000 students have participated in our flagship **RYDA** program for senior high school students across New Zealand and Australia. With a commitment to the delivery of evidence-based road safety education, RSE is guided by an internationally respected Advisory Council.

The importance of parents and their role in keeping their children safe throughout the many stages of learning to drive is well documented. However, they often feel that they don't have all the tools for the job. Research shows that young people are safer drivers and take less risks when they have parents who stay involved, set boundaries and keep the conversation going through the Learner and into the solo driving stage. RSE, through the **Drive Coach** program aims to equip parents with the tools they need and support them on this very important journey.

Drive Coach is a practical workshop which updates parents on latest research and road safety approaches, outlines some of the conversations our facilitators have with their children at RYDA and gives them an opportunity to ask questions and get advice from the experts.

Drive Coach is routinely organised by a school or community group, generally in conjunction with a RYDA program being held in the area.

ROADGUIDE IS DESIGNED FOR PARENTS OR CARERS WHOSE CHILDREN ARE LEARNING TO DRIVE, NOVICE SOLO DRIVERS OR PASSENGERS OF NOVICE DRIVERS.

Australia: email info@rse.org.au or call 1300 127 642
New Zealand: email info@rse.org.nz or call 0800 150 180

Workshop Objectives

- Increase knowledge on how the teenage brain works and the best approach to road safety education.
- Identify how parents can support their child as a learner driver - covering topics like lesson structure, commentary driving, instruction vs coaching, what to look for in a driving instructor and tips to help them prepare their teen to pass the test.
- Outline core safety issues for young drivers.
- Outline and explain the graduated licensing system and discuss the role of parents once their teen is driving solo.
- Choosing a safe vehicle for your young driver - explaining the ANCAP stars.
- Helping parents support and build on their child's RYDA experience.



What parents say about RYDA

”

The training was just great – all the limits we have put on our daughter, and the way we've taught her to drive, all came into play and she could see the reasons for our 'control'.

After my son came along to RYDA he started to drive with more respect for my car, his life, the safety of his passengers and the road. I really felt that his attitude as a driver AND as a passenger had changed.

